



Social Distance Zeen

Vol. 1

“it’s 4/20 all month”

Social Distance Zeen is a direct result of the ever-changing world we have been living in since the Coronavirus outbreak, combining multiple ideas, from the philosophical thoughts to the physical activities that I have been conjuring up to stay occupied and do my part to flatten the curve. Originally, it was a simple task I adopted for myself: get back on my bike and get some long miles under me again. I wanted to give myself time to think and reflect on what is going on, what I can do to better it, and the endless possibilities of outcomes the world could result in from this pandemic. All I knew was that excess food consumption was throwing my sugars all over the place, and somehow that same "overconsumption" mentality seemed to be disrupting Mother Nature, big time! All for the sake of global economic expansion? While I still have additional research (aka pedaling) to do, occupying my time with miles of smiles has kept my hand out of the literal cookie jar and given me purpose. In the meantime I want to present my findings thus far. In a perfect world, this would be the only issue I had a chance to publish. A cure would be invented tomorrow, and maybe our illusion of a stable society would return, robbing us of this unique opportunity to reexamine how we might live more cohesively as species and planet. Unfortunately, science says otherwise, so as long as "social distancing" is part of our lives, I will be doing my part to journey by bicycle and showcase my photographic findings of how western Pennsylvania and the immediate rust belt region are coping with covid-19.

In this issue:

#420 mile challenge	City rips
4/20 PGH digi cat	Long trips
Bicycle Day	Diabetes
Playgrounds all over	Railroad tracks & trails

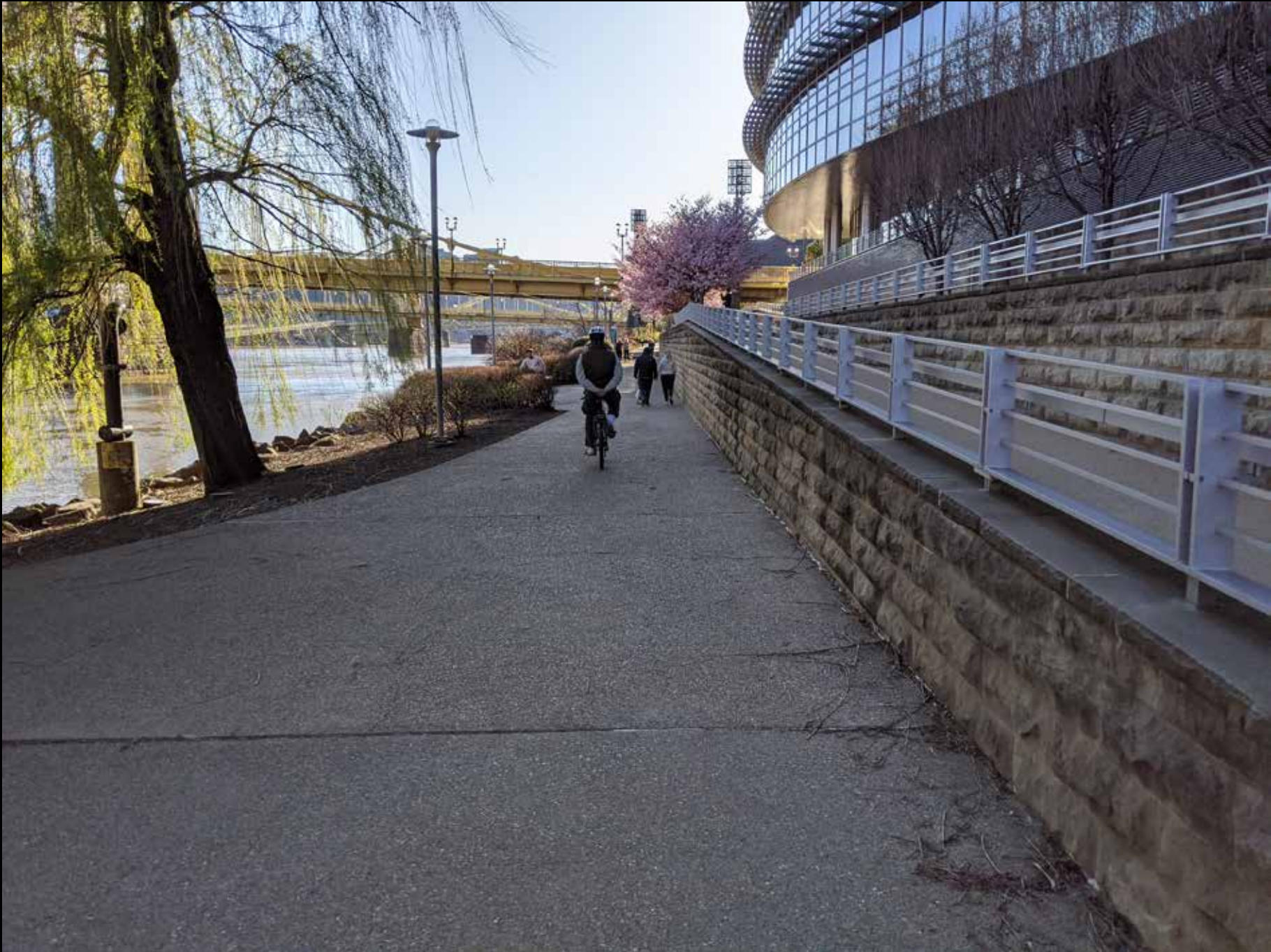
Thank you for your support,



Enjoy!

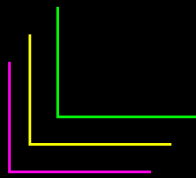


keep your hands to yourself.

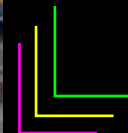
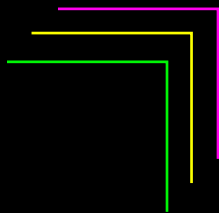




Extinct.



...On your left!





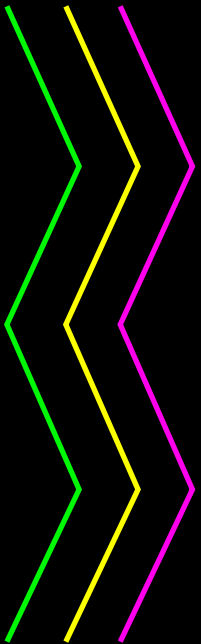
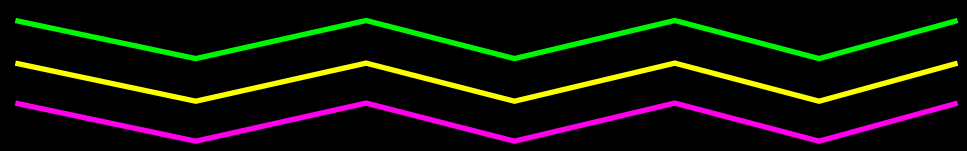
“PR0”gress...



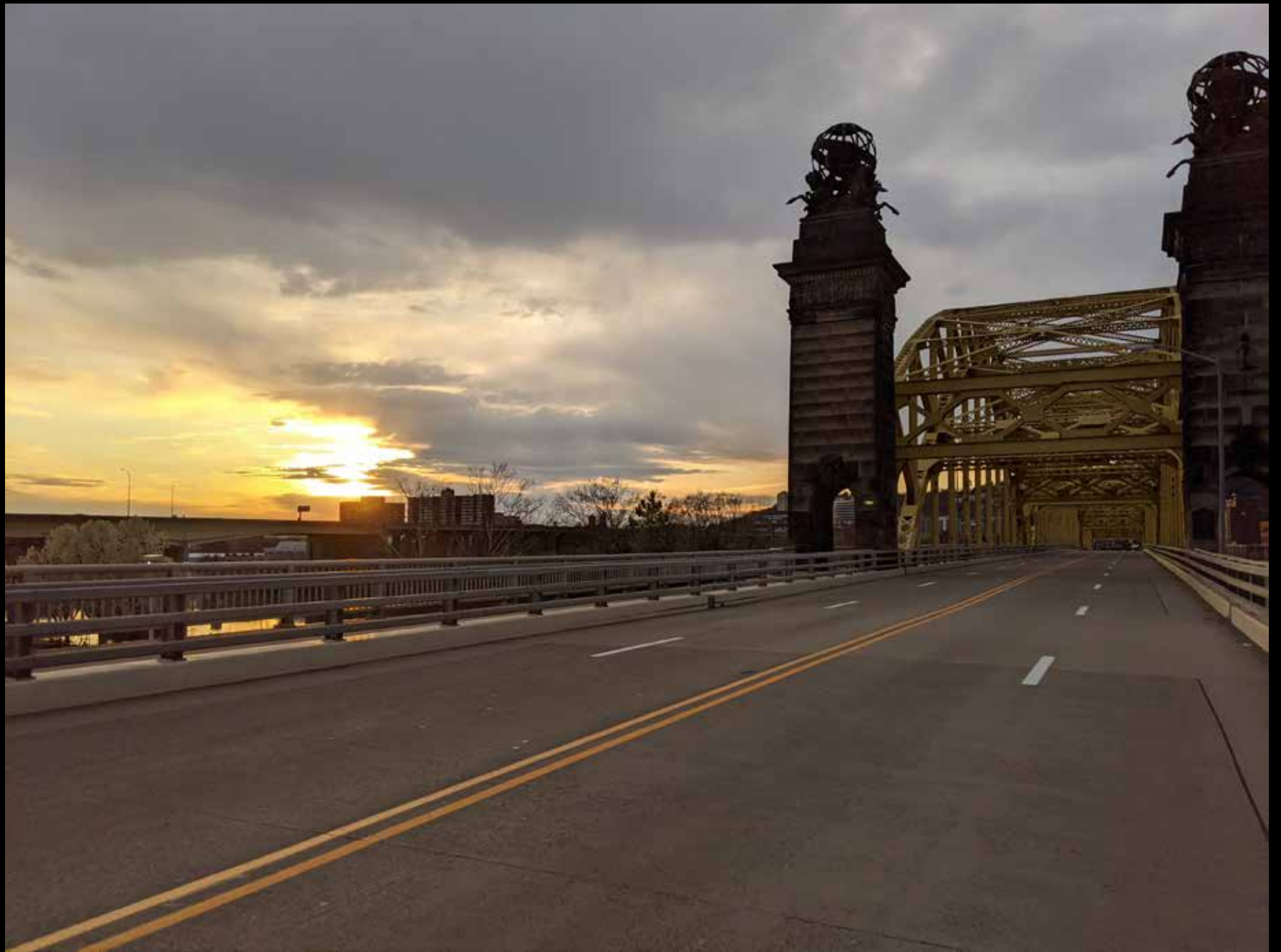
Forbes & Braddock Shelter

Blue Slide Park

Frick Playground

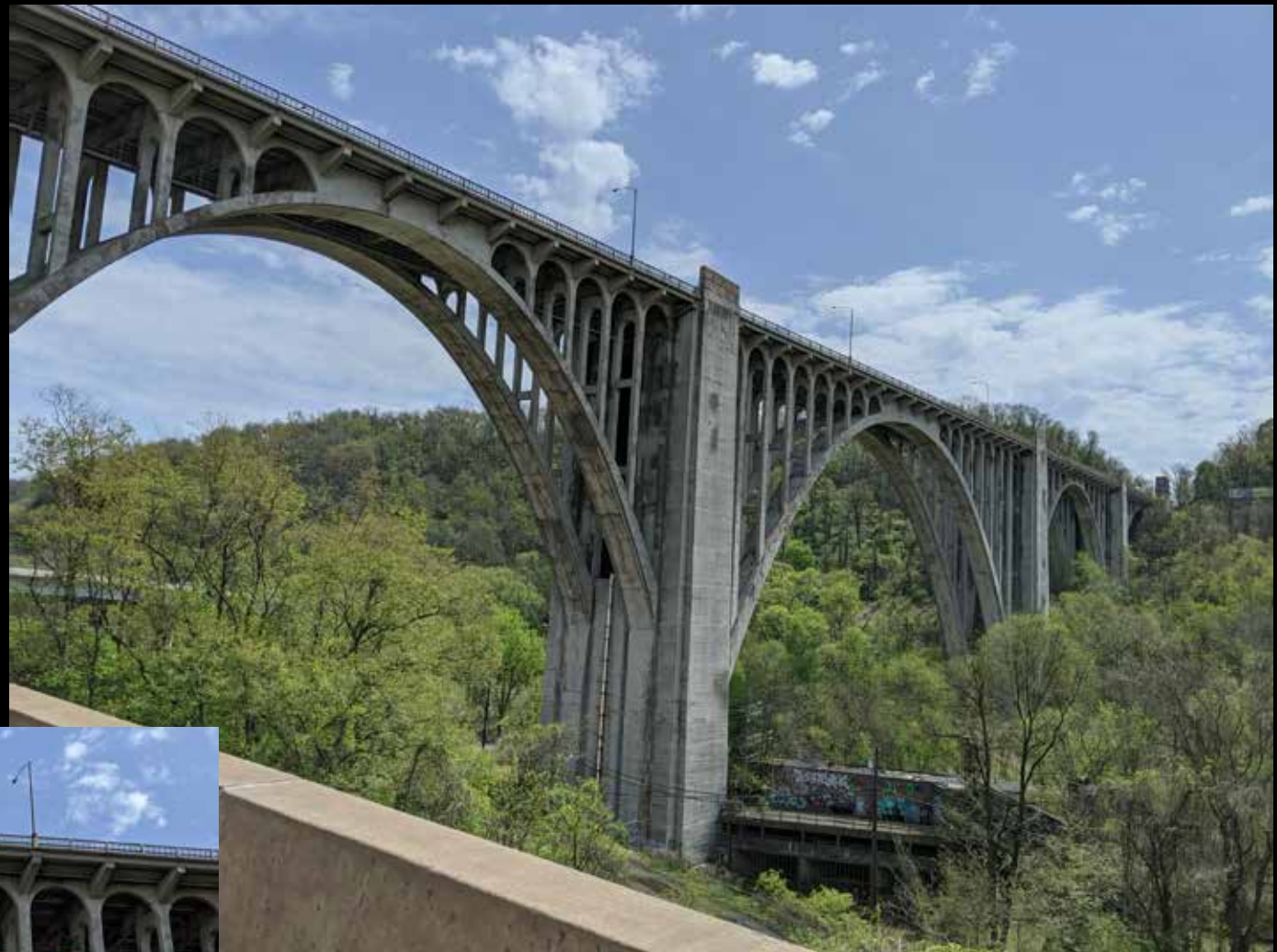








“If someday they say
of me that in my work
I have contributed
something to the wel-
fare and happiness of
my fellow man, I
shall be satisfied.”



George Westinghouse





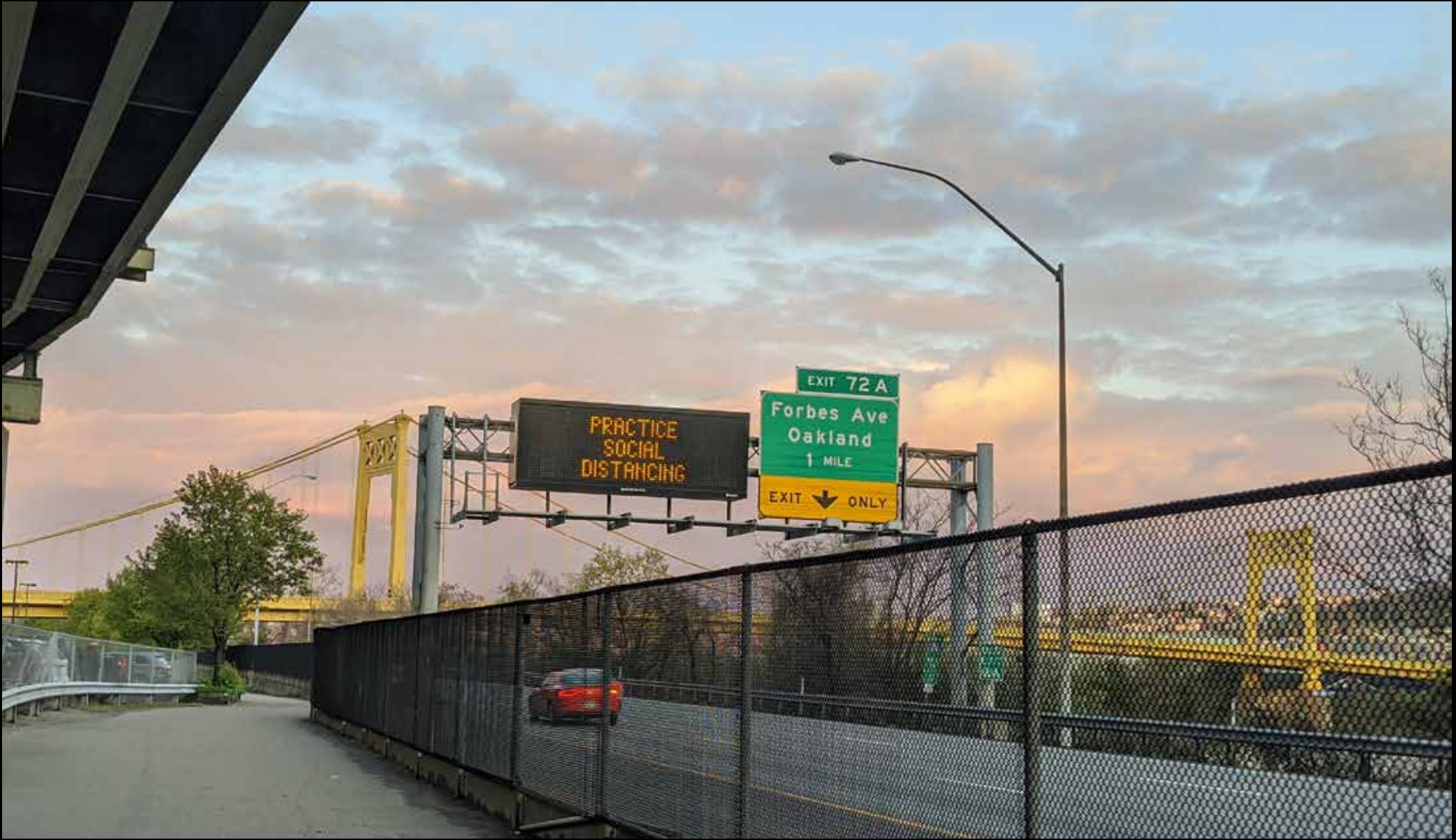








Two new locomotives that hauled from the Export. Photograph by John Sartoris (Photo made from a glass plate negative 1915-1918)



PRACTICE
SOCIAL
DISTANCING

EXIT 72A

Forbes Ave
Oakland
1 MILE

EXIT ↓ ONLY

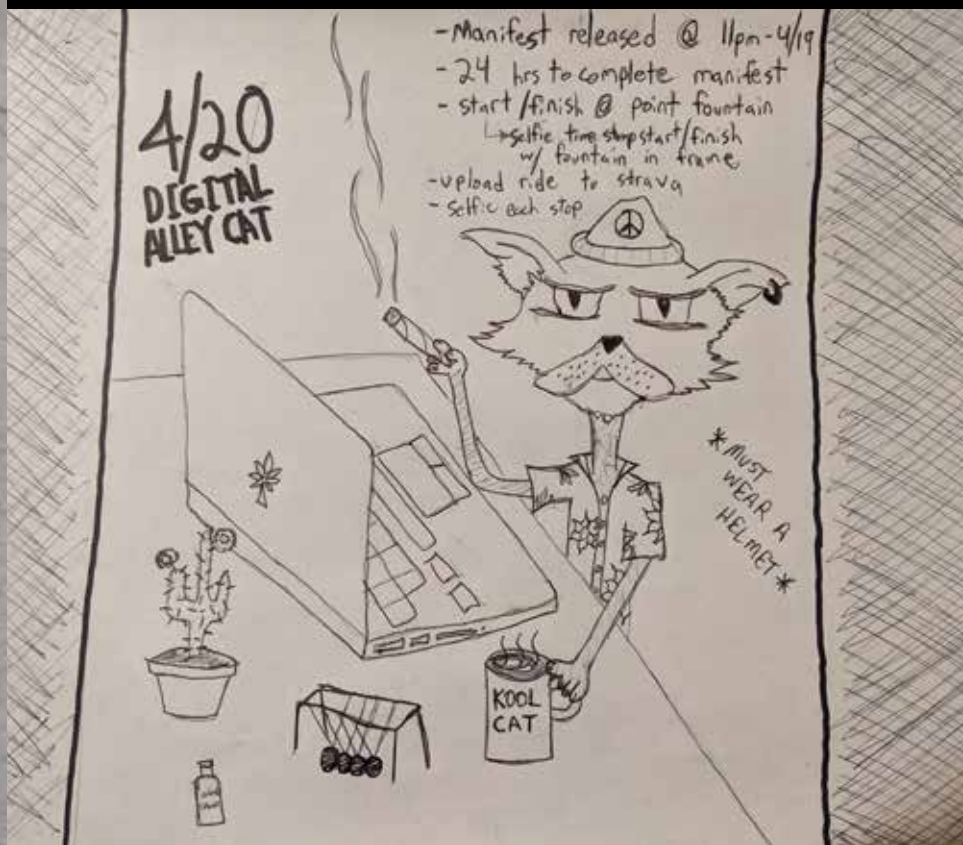
not taken from saddle.



Snacks,
Snacks,
Snacks.

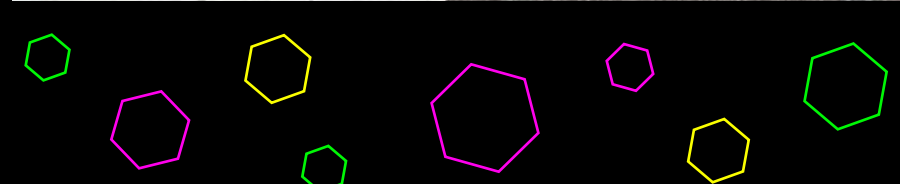
#420milechallenge

The task was simple, to ride 420 enlightening miles during the month of April in the year 2020



4/20 PGH Digi Cat

A way to stay apart & still race in an alley cat
Digital check ins, Selfies, City rips!

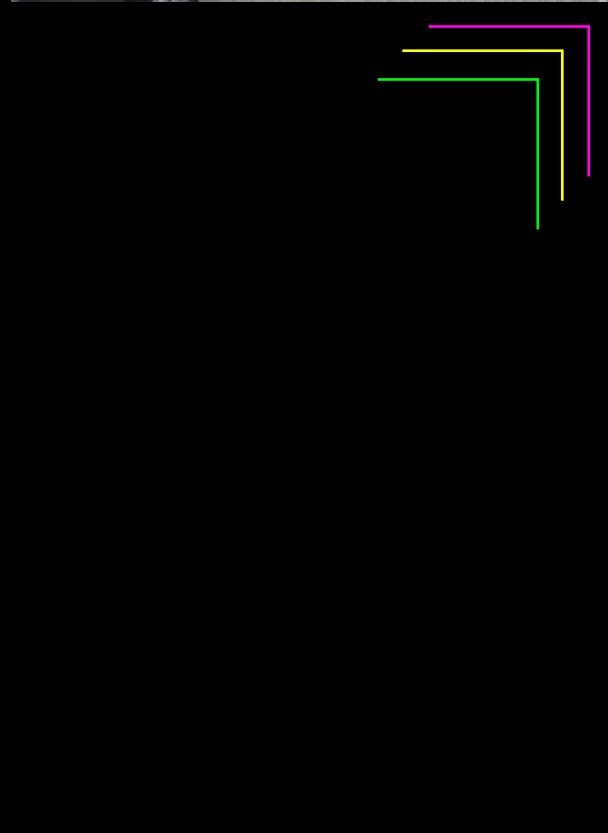


FOAMER.











car[e] - free - living

Easy as 1, 2, 3...





"I do wish I had a rack instead of this bag; other than that, it has been a beautiful day."



Pictures taken 4/1/2020 – 4/30/2020

The man pictured on page 29 decided he had been cooped up long enough & wanted to get outside. It had been years since he rode a bike, he explained. That seemed not to discourage him in the least. He found this beaut in the shed, pumped up the tires, & pedaled a total of 40 miles along rail trails. It just so happened to be Bicycle Day when we met. He was exactly where he needed to be that day, & I could not have been more pleased with our brief conversation. He reminded me that age is just a number & that your mind is a marvelous tool; keep it sharp, & never stop dreaming!

~ Health is Wealth & Knowledge is Power ~

Nearly all pictures were taken from my bicycle saddle while moving. With some, I paused, balanced, snapped, & pedaled on. All photos in this zeen were shot on a Google Pixel 3 & left raw and unedited.

Copy Editor, Joseph Klammer

If you enjoyed this zeen, & it brought you some sort of peace, happiness, inspiration, sparked creativity, or maybe left more questions than answers, show some love to let me know you enjoyed it. I have provided my venmo QR code. Feel free to send whatever you value this at, so I can keep providing more issues! Anything is appreciated, including feedback! The fact that you inquired into what this was all about brings me so much delight, & that will continue to be my driving force to keep exploring & experimenting until I find what moves me & brings that much optimism to each of your daily lives as well.

If you do not have venmo & wish to support this zeen via PayPal or any other means, please contact me through social media or by email, zhawth91@gmail.com



Mahaḷo Everyone!